



1 Vote

**b** Buzz up!

## Beauty treatment of the week: Soulmatefood detox

**Cosmopolitan UK** - Submitted: 11 Mar 2010

We all know what goes in tends to shine without and it had become apparent that constant chocolate, coffee, cocktail and canapé consumption had left my skin spotty and sullen, my eyes tired and my body bloated. Hardly a formula for beauty. Knowing that I would never stick to a detox of all my own doing I enlisted the help of Soulmates Food; a five-star diet delivery package that...

» [Full Story on Cosmopolitan UK](#)



Send



Share



Buzz Down



Report it



First buzzed by:  
**Yvonne**