

London Evening Standard

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Inside today London's favourite property magazine

AFTER THREE FAILED TRIALS, SIX YEARS AND CLAIMS OF JURY NOBBLING, LEGAL HISTORY IS MADE

AIRPORT ROBBERS GUILTY IN CASE THAT COST £25M

Paul Cheston
Courts Correspondent

FOUR robbers were facing jail today after one of the most extraordinary cases in legal history ended after six years and left the taxpayer with a £25 million bill.

The men were found guilty of a Heathrow airport warehouse robbery in a historic Old Bailey trial where the case was heard by a judge alone because of fears of jury nobbling. Three previous attempts at trying the case ended when the last of them came to a halt in December 2008 amid reports that at least two members of the jury had been approached and asked to fix the verdicts.

The cost to the taxpayer of bringing the gang to justice dwarfs the gang's £1.75 million haul which mostly remains unrecovered.

The "hallowed principle" of trial by jury was set aside by the Court of Appeal last year in the fit-

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Tory 'army' of volunteers to rescue the Dispossessed

Joe Murphy
Political Editor

DAVID CAMERON today pledged an army of 5,000 trained community organisers to galvanise action for victims of poverty and social breakdown.

The Tory leader used a speech in east London to unveil a raft of policies to inspire and equip millions of caring citizens willing to volunteer and rescue those in the capital failed by the State.

Praising the Standard's "great campaign on poverty", The Dispossessed, which exposed the struggle of thousands of Londoners trapped in poverty, he said: "It has highlighted the huge challenges we face in the capital."

Under his plans, millions of pounds in funding would be unlocked - including from a new Big Society Bank - for social action projects at street level.

Full story Page 6

Mayor's 2012 tower revealed

A 115-METRE tower nicknamed the "hubbie bubble" and designed by Anish Kapoor will be built next to the 2012 Olympic stadium. The design for the spectacular £19 million structure in Stratford was released today.

Full story Page 3

Fixed fares for black cab home

...of hiring a black cab at night

Health & Beauty

Don't wait for the sun: now is the time to make sure you feel and look good in the coming months. Victoria Stewart and Jasmine Gardner have the solutions

SPRING INTO SUMMER



...of hiring a black cab at night

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...of hiring a black cab at night

SIGNS of sunshine may still be scarce but holding onto the hope of a great summer means starting the preparations now. So before black tights are finally banished and flip-flops are released onto the streets (and now that our digestive systems can just see past the Easter chocolate binge), here is all you will need to get that inner and outer glow in time for the warmer months.

INNER GLOW FAST RESULTS

Your first stop is The Body Clinic at Urban Retreat, Harrods, where the InBody machine will analyse your body composition (including muscle-to-fat ratio) and issue immediate results (£10/15 minute consultation, www.urbanretreat.co.uk).

Once you know which areas need work, follow up with one of Soulmatefood's bespoke detox regimes, with home deliveries of prepared food once every three days (from £25/day, www.soulmatelifestyle.com/food).

The Detoxini - a bikini body detox - is a five- or seven-day diet plan including vegan food hampers, detox teas, a day at the gym and nutritional advice (£95-£275, www.beautifulbreak.com).

Nosh Detox and Frame dance studio have joined forces to create the Rejuice Weekender in Shoreditch, entailing four Detox Yoga sessions, Bend It Like Barbie stretch classes and a detox survival kit (£249, Friday-Sunday, www.moveyourframe.com).

Alternatively, the Urban Daytox has a one-day retreat programme in Barnes including QiYoga instruction, raw food tuition, colon cleansing techniques and stress management (£95, 9am-3.30pm, www.urbandaytox.com).

For the brave, a colonic hydrotherapy session is probably the fastest colon cleansing treatment going. Try it at EF Medi Spa (£120, www.efmedispa.com).

Don't wait for the... make sure you fe... coming months. Jasmine Gardner

SPRING INTO



Inner and outer glow: for the body there is a choice of detox food and drinks; for the skin, cream from Estée Lauder and Laura Mercier's Zen Garden Palette

timetospa.co... De Mamiel Sp... Facial Oil (£5... www.deman... com); Estée L... new wonder... Hydrationist... www.esteela... co.uk); and... SkinCeutical... Retexturin... serum (£... give you... Preen... a cleve... SPF 4... (£50, ... ideal... ou...

